

2026 FALL RETRAINER

TUCSON, ARIZONA

September 8th to September 10th 2026



FINANCIAL WELLNESS

Start planning your future, now with real-world public safety examples



HEALTH & WELLNESS

Survive and thrive a career in public safety to maximize your retirement



BOULDER CREST
FOUNDATION

BUILDING RESILIENCY

Elevate your Post Traumatic Growth (PTG)

ABOUT THIS TRAINING

This training opportunity is open to all sworn, non-sworn and retirees, working or having worked in a law enforcement agency. Attendance is strongly encouraged for any department with potential candidates who may be a good fit for the FBI National Academy. This training event provides an excellent opportunity to meet the membership and become involved as candidates to move through the process. It's also a great way to network and catch up with future and current retirees that plan or have entered the private sector on future goals and objectives.

OPTIONAL ACTIVITIES INCLUDE:

- (2) CHAMPIONSHIP GOLF COURSES \$80/18 holes (cart and range balls)
- 1ST ANNUAL PICKLEBALL TOURNAMENT
- TRIVIA NIGHT (MUSIC, GENERAL KNOWLEDGE, ARS, FBINAA, AND MORE!!)
- SIGNATURE BBQ & RAFFLE EVENT

OMNI TUCSON NATIONAL RESORT & SPA

Govt. Rate
\$123.00/night

2727 W. CLUB DRIVE
TUCSON, AZ 85742
(520) 297-2271

BOOK YOUR ROOM BY 8/24/26:

<https://bookings.omnihotels.com/offer/tucson-national/fbi-national-academy-arizona-chapter>

RESERVE YOUR SPOT TODAY!



\$249.00
General Admission

\$79.00
Retirees

[HTTPS://WWW.ZEFFY.COM/EN-US/TICKETING/2026-FBINAA-AZ-CHAPTER-FALL-RE-TRAINER](https://www.zeffy.com/en-us/ticketing/2026-FBINAA-AZ-CHAPTER-FALL-RE-TRAINER)



**OMNI TUCSON
NATIONAL RESORT AND SPA**



**Most
Valuable
Piece**



MEET OUR SPEAKERS :



TRAVIS GEORGE

Public Safety
Retirement
Education



STEVE PETRILLI

Professional
Health and
Wellness Coach
-FBINA #264



ARI SLOANE

Master Guide
Region 5

**FOR QUESTIONS
CONTACT US**

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✉ fbinaaazchapter@gmail.com



Course Description

A practical, product-neutral financial wellness program designed specifically for law enforcement, firefighters, EMS personnel, and public safety families. The course connects financial decisions to emotional wellness, career transition, household stability, and long-term retirement readiness.

Financial wellness has been shown to enhance productivity, reduce absenteeism, and improve morale, especially in high-stress public safety environments. This session helps first responders and their families recognize common planning mistakes, reduce financial anxiety, and build a sustainable roadmap for financial independence.

The presentation uses real-world public safety examples and a simulated planning exercise so participants can see how savings rates, debt, benefits, risk levels, tax planning, and timing decisions affect long-term outcomes.

EXECUTIVE BIO

Lt. Travis George (Ret.) brings a rare blend of frontline law enforcement leadership and financial services experience to his work with public safety professionals. As a member of Creative Planning's Practice Development team, Travis is dedicated to serving those who serve, specializing in retirement planning for law enforcement, firefighters, and other public safety professionals.

PROFESSIONAL BACKGROUND

- Retired as a Division Commander from the Belton, Missouri Police Department after 27 years of distinguished service.
- Served as a Patrol Officer, K9 Handler, School Resource Officer, Field Sergeant, Training Coordinator, Patrol Commander, and Investigations Division Commander.
- Leads a high-performing Financial Operations Team focused on client care and experience while supporting nationwide financial wellness initiatives

FINANCIAL WELLNESS IMPACT

- Delivered financial education to 10,000+ law enforcement and public safety professionals across 100+ forums over the past four years.
- Plays a strategic role in strengthening retirement plans for government employers nationwide.
- Helps public safety professionals build confident secure retirements through practical education, trusted guidance, and operational excellence.



4 CEU HOURS

Course Description

This class will provide fact-based information and debunk the numerous nutrition, health and wellness “fads” that exist. I will empower attendees with science-based information to make positive changes to their nutrition, fitness, and overall health. Attendees will leave this training session with the knowledge and resources to have better informed conversations with their personal physicians and ultimately become the best advocates for their own health optimization.

This course is designed for administrators/supervisors as well as line staff. This program is interactive and will take a commonsense approach to explaining the subject of health, wellness, and fitness. The training will cover in detail - not vague suggestive terms - how to build a successful wellness/fitness program for individuals as well as organizations.

EXECUTIVE BIO

Steve Petrilli has been with the Normal, Illinois Police Department for 27 years and is currently the Chief of Police. He has been a Recruiter, FTO, SWAT Operator and K-9 handler. Steve has held supervisory roles in Patrol, VICE, SWAT, Pro-Active Gang Crimes Unit and for the Town of Normal Employee Wellness and Insurance Committees. He is a graduate of Illinois State University (B.S.), Northwestern Police Staff and Command #250, the FBI National Academy Session #264, and the FBI Law Enforcement Executive Development Seminar Session # 80. Steve serves as the Chair for the Illinois Association of Chiefs of Police Officer Wellness Committee.

Steve is a former college athlete, a Certified Physical Preparation Specialist (CPPS), a CF-L1 Trainer, and has successfully completed L-1 Power Athlete Methodology Training, CrossFit Law Enforcement Application Specialty Training, Lee Taft Speed School and is a Nutritional Coaching Institute L-1 Nutrition Specialist. Steve is a certified Public Safety Wellness Instructor and currently a part-time Strength and Conditioning Coach at The Athlete Factory in Bloomington, Illinois. Steve has extensive experience training first responders, youth, high-school and collegiate athletes.

Steve is a current Senior Adjunct Faculty Member for the National Command and Staff College. Steve instructs on the topic of First Responder Health, Wellness and Fitness nationwide. Steve is a subject matter expert in health, wellness and fitness for the Institute of Intergovernmental Research (IIR) and also serves as an instructor for the Suicide Awareness for Law Enforcement Officers (SAFLEO) Program. Steve has authored numerous articles and blogs and has been featured on numerous podcasts for his knowledge, education and application within the wellness space. Steve is also the founder of First Responder Health and Wellness LLC.



4 CEU HOURS

Course Description

Struggle Well is a prevention-focused program based on the science of Posttraumatic Growth. By partnering with first responder agencies and active serving military units, we're fundamentally changing the culture from the inside-out.

This class will provide a comprehensive approach that focuses on transformation of the active serving military and first responder culture, rather than the implementation of another wellness program. Struggle Well training is guided by two objectives: normalizing the struggles that are a part of every service member and first responder's life, and democratizing their ability to struggle well.

Struggle Well trains active serving military units and first responder agencies so participants are able to transform struggle into strength and growth, and be of better service to themselves, their family, community, and country.

EXECUTIVE BIO

Growing up in the Arizona desert, the son of a Korean War Veteran, Ari Sloane dedicated his life to service, culminating in a decorated 21-year career with the Tucson Police Department. He specialized in demanding roles as a Patrol officer, Hostage Negotiator, Field Training officer, and multiple Undercover Assignments. Ari graduated with a Bachelor's of Psychology and a Master's degree from the University of Arizona.

After retirement, Ari experienced years of profound struggle, having lost his sense of purpose, service, and passion for life; and being diminished with PTSD. His life changed during his deepest struggles and discovering the Boulder Crest Foundation, where he completed the Struggle Well and Warrior PATHH programs. Ari learned that his diagnosis of PTSD did not define him; rather, his trauma and struggle were the foundation for his own Post-Traumatic Growth (PTG). His PTG journey was just beginning, and he realized that he is better because of his trauma and struggle. Ari immersed into the hard work on himself, realizing that he will continue his growth. He found his purpose once more.

Now, Ari is dedicated to helping his brothers and sisters find meaning and strength in their struggle and realize their potential for growth starting their own PTG journeys. As a humbled and honored Master Guide with the Struggle Well program, he guides and walks alongside others in thriving through their struggles and trauma, driven by the understanding that we are better because of our past.

A dog-lover and devoted family man to his wife and daughter, and die-hard Arizona Wildcats fan; Ari continues his passion for life through, hiking, cooking, cave exploring, and creating music with his band.

2727 W. Club Drive Tucson, AZ



Conference Agenda

SEPTEMBER 8, 2026

8:00 AM - 4:00 PM

Optional Activities

Tucson, AZ

- ▶ **8:30 AM - 2:00 PM**
Optional Activity
Omni Golf Course (18 holes)
Choice of Catalina or Sonoran Courses
\$80+tax per person; includes cart and range balls
** Tee Times Start 8:30 AM
For tee times, email Lauren Pettey at:
lauren.pettey@tucsonaz.gov
- ▶ **1:30 PM - 4:00 PM**
Optional Activity
Explore Tucson on your own
- ▶ **2:00 PM - 5:30 PM**
Optional Activity
1st Annual Pickleball Tournament - Omni
National Resort and Spa Pickleball Courts
- ▶ **4:00 PM - 5:00 PM**
Check-In/Welcome
Omni Tucson National Resort and Spa
- ▶ **5:30 PM - 8:00 PM**
Hors d' oeuvres & Networking
President's Hospitality Reception &
Trivia Night - Omni Tucson National
Resort and Spa Desert Willow Salon

2727 W. Club Drive Tucson, AZ



Conference Agenda

September 9, 2026

7:00 AM - 5:00 PM

General Session

Tucson, AZ

- ▶ **7:00 AM - 8:00 AM**
Registration/Check-In Continental Breakfast/Snacks
 - ▶ **8:00 AM - 8:15 AM**
Opening Ceremonies Welcome/Opening Remarks
Papago Ballroom
 - ▶ **8:15 AM - 12:00 PM**
General Session "Creative Planning"
Travis George, Lt. (ret)
 - ▶ **12:15 PM - 1:00 PM**
Lunch (provided) Lunch provided at Omni National
Resort and Spa-Papago Ballroom
 - ▶ **1:00 PM - 4:45 PM**
General Session "First Responder Health, Wellness and Fitness"
Steve Petrilli, FBINA #264
 - ▶ **5:30 PM - 8:15 PM**
Dinner BBQ Dinner & Raffle Event
Bring a raffle prize for the event
- All proceeds go to support FBINAA Arizona Chapter ALEAD Youth Academy

2727 W. Club Drive Tucson, AZ



Conference Agenda

September 10, 2026

8:00 AM - 12:00 PM

General Session

Tucson, AZ

- ▶ **7:00 AM - 8:00 AM
Breakfast** Continental Breakfast/Snacks
- ▶ **8:00 AM - 8:30 AM
Membership Meeting** FBINAA AZ Chapter Membership Meeting
Papago Ballroom
- ▶ **8:30 AM - 12:00 PM
General Session** "Struggle Well"
Ari Sloane Master Guide 5
- ▶ **12:00 PM** Reflections, Q&A, and takeaways
Continuing Education Training Forms
- ▶ **12:00 PM
Closing** Final thanks and announcements

Your 2026 Executive Board



**Gareth Braxton-
Johnson**
Cottonwood P.D.
President



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Tolleson P.D.
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President



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